



MAKING TIME

PROGRAM OBJECTIVES

MAKING TIME® has eight (8) Program Objectives:

- 1) ANALYZE – You will analyze the tasks, activities, goals, and outcomes you wish to produce and have them ready to be implemented.
- 2) APPLY – You can apply your knowledge of what time is and how it works to create a support structure that leads to accomplishment.
- 3) CHALLENGE – You will question your assumptions, constraints, and restrictive ideas about time.
- 3) DESIGN – You can design your time according to your values, goals, and ambitions.
- 4) DEVELOP – You will use daily, weekly, monthly, and yearly structures to forward your actions.
- 5) EVALUATE – You will develop individual assessments of your personal and professional time-use.
- 6) INNOVATE – You will plan to improve time issues by one order of magnitude.
- 7) ORGANIZE – You will arrange and prepare time structures that work well in your context.
- 8) SOLVE – You will solve time problems using the tools about time you studied.

You'll discover the nature of time, what time is made of, how it affects you, and how to create the Science of Accomplishment® in your life.

MAKING TIME® is based on over 200 academic research papers and articles about human beings' relationship with time, and its component parts and is delivered inside interesting conversations, exercises, and films.

Discussions using examples from your own life have you transform your fundamental relationship to time and give you a structure to create time the way you want it to be.